

# Assisted Living Dinner Menu

## DINNER MENU

FEBRUARY 18 – FEBRUARY 24, 2019

You may order any entrée from the “always available” menu or from the daily selections listed below.

MONDAY: Chicken & Rice or Cream of Vegetable Cheddar Soup  
Spaghetti & Meatballs served with Garlic Bread or  
Bourbon Glazed Chicken Breast, Rice Pilaf and Steamed Mixed Vegetable

TUESDAY: Beef Vegetable or Potato Cheddar Chive Soup  
Chicken Marsala, Rice Pilaf and Steamed Capri Vegetable or  
Beef Stew served over a Bed of Noodles

WEDNESDAY: Chicken Noodle or French Onion Soup  
Fried Chicken Breast, Mashed Potatoes & Gravy and Steamed Corn or Braised Boneless Pork  
Chops & Gravy, Scalloped Potatoes and Steamed Corn

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar Soup  
Italian Sausage w/Sautéed Onions & Peppers, Fettuccini & Marinara Sauce  
with Green Beans or Chicken Kiev, Rice Pilaf and Green Beans

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup  
Beef Filet, Baked Potato and Steamed Vegetable or Sesame Chicken Breast, Rice or Noodles  
and Oriental Vegetable

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup  
Salisbury Steak with Mushrooms & Onions, Mashed Potatoes & Gravy and Winter Vegetable  
or Lemon & Dill Butter Tilapia, Rice & Orzo Rice Pilaf and Steamed Winter Vegetable

SUNDAY: Cream of Potato Cheese & Bacon or Zuppa Toscana Soup  
BBQ Grilled Chicken Breast, Baked or Mashed Potato and Steamed Vegetable or Cheese  
Tortellini with a Creamy Alfredo or Marinara Sauce and Steamed Italian Vegetable

### OPTIONAL SIDES

COTTAGE CHEESE    BAKED POTATO    TOSSED SALAD    APPLESAUCE    SLICED PEARS    DICED PEACHES  
MASHED POTATOES    BAKED SWEET POTATO    BEETS    COLESLAW    3-BEAN SALAD

# Assisted Living Lunch Menu

## LUNCH MENU

FEBRUARY 18 – FEBRUARY 24, 2019

You may order any entrée from the “Always Available”  
Menu or from the daily selections listed below.

MONDAY: Chicken & Rice or Cream of Vegetable Cheddar Soup  
Sloppy Joe or Tuna Salad Sandwich served with French Fries or Potato Chips

TUESDAY: Beef Vegetable or Potato Cheddar Chive  
Turkey Pesto Sub or BBQ Chicken Sandwich Sweet Potato Fries or Potato Chips

WEDNESDAY: Chicken Noodle or French Onion  
Ham & Cheese Wrap served with Potato Chips or Fried Shrimp, Rice Pilaf and Fruit Cocktail

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar  
♥ Grilled Chicken Breast & Cheddar Cheese or Egg Salad Sandwich

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup  
Turkey, Ham & Bacon or Chicken A La King over a Warm Biscuit

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup  
Roast Beef & Cheddar Panini or Italian Sausage Pizza

SUNDAY: Cream of Potato Cheddar & Bacon or Zuppa Toscana Soup  
♥ Chicken Philly Steak Sandwich or a Chili Cheese Hot Dog with Side Order of Baked Beans

All sandwich selection come with choice of French fries, sweet potato fries or potato chips or  
crispy onion rings