

Independent Living

DINNER MENU

FEBRUARY 18 – FEBRUARY 24, 2019

You may order any entrée from the “always available” menu or from the daily selections listed below. Please *ask your server about the* “Catch of the Day” and/or “Daily Chef’s Special”
ALL ENTRÉE ITEMS INCLUDE ONE NON-ALCHOLIC BEVERAGE AND ONE SMALL DESSERT

MONDAY: Beef Vegetable or Cream of Vegetable Cheddar Soup
Spaghetti & Meatballs served with Garlic Bread \$12 or
Bourbon Glazed Chicken Breast, Rice Pilaf and Steamed Mixed Vegetable \$12

TUESDAY: Chicken Rice or Potato Cheddar Chive Soup
Chicken Marsala, Rice Pilaf and Steamed Capri Vegetable \$12 or
Beef Stew served over a Bed of Noodles \$14

WEDNESDAY: Chicken Noodle or French Onion Soup
Fried Chicken Breast, Mashed Potatoes & Gravy and Steamed Corn \$12 or Braised Boneless
Pork Chops & Gravy, Scalloped Potatoes and Steamed Corn \$12

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar Soup
Italian Sausage w/Sautéed Onions & Peppers, Fettuccini & Marinara Sauce
with Green Beans \$12 or Chicken Kiev, Rice Pilaf and Steamed Green Beans \$12

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup
Beef Filet, Baked Potato and Steamed Vegetable \$16 or
Sesame Chicken Breast, Rice or Noodles and Oriental Vegetable \$12

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup
Salisbury Steak, Mashed Potatoes & Gravy and Winter Vegetable \$12 or
Lemon & Dill Butter Tilapia, Rice & Orzo Rice Pilaf and Steamed Winter Vegetable \$14

SUNDAY: Cream of Potato Cheese & Bacon or Zuppa Toscana Soup
BBQ Grilled Chicken Breast, Baked or Mashed Potato and Steamed Vegetable \$12 or Cheese
Tortellini in a Creamy Alfredo or Marinara Sauce and Steamed Italian Vegetable \$12

OPTIONAL SIDES

COTTAGE CHEESE BAKED POTATO TOSSED SALAD APPLESAUCE SLICED PEARS DICED PEACHES
MASHED POTATOES BAKED SWEET POTATO BEETS COLESLAW 3-BEAN SALAD

Independent Living Lunch Menu

BISTRO MENU

FEBRUARY 18 – FEBRUARY 24, 2019

You may order any entrée from the “Always Available”
Menu or from the daily selections listed below.

MONDAY: Beef Vegetable or Vegetable Cheddar Soup
Sloppy Joe \$9 or Tuna Salad \$9 Sandwich

TUESDAY: Chicken & Rice or Potato Cheddar Chive
Turkey Pesto Sub \$9 or BBQ Chicken Sandwich \$9

WEDNESDAY: Chicken Noodle or French Onion
Ham & Cheese Wrap \$9 or Fried Shrimp Rice Pilaf and Fruit Cocktail \$10

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar
♥ Grilled Chicken Breast Sandwich & Cheddar Cheese \$9 or Egg Salad Sandwich \$9

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup
Turkey, Ham & Bacon Sandwich \$9 or Chicken A La King over a Warm Biscuit \$10

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup
Roast Beef & Cheddar Panini \$ 9 or Italian Sausage Pizza \$9

SUNDAY: Cream of Potato Cheddar & Bacon or Zuppa Toscana Soup
♥ Chicken Philly Steak Sandwich \$9 or a Chili Cheese Hot Dog with Side Order of Baked
Beans \$9

All sandwich selection come with choice of French fries, sweet potato fries or potato chips or
crispy onion rings

♥ Indicates a healthier choice option