

Memory Care

ARBOR & MAPLE CREEK DINNER MENU

FEBRUARY 18 – FEBRUARY 24, 2019

MONDAY: Chicken & Rice or Cream of Vegetable Cheddar Soup
Spaghetti & Meatballs served with Garlic Bread or
Bourbon Glazed Chicken Breast, Rice Pilaf and Steamed Mixed Vegetable

TUESDAY: Beef Vegetable or Potato Cheddar Chive Soup
Chicken Marsala, Rice Pilaf and Steamed Capri Vegetable or
Beef Stew served over a Bed of Noodles

WEDNESDAY: Chicken Noodle or French Onion Soup
Fried Chicken Breast, Mashed Potatoes & Gravy and Steamed Corn or Braised Boneless Pork
Chops & Gravy, Scalloped Potatoes and Steamed Corn

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar Soup
Italian Sausage w/Sautéed Onions & Peppers, Fettuccini & Marinara Sauce
with Green Beans or Hearty Chicken Stew served over Noodles

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup
Beef Filet, Baked Potato and Steamed Vegetable or Sesame Chicken Breast, Rice or Noodles
and Oriental Vegetable

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup
Salisbury Steak with Mushrooms & Onions, Mashed Potatoes & Gravy and Winter Vegetable
or Lemon & Dill Butter Tilapia, Rice & Orzo Rice Pilaf and Steamed Winter Vegetable

SUNDAY: Cream of Potato Cheese & Bacon or Zuppa Toscana Soup
BBQ Grilled Chicken Breast, Baked or Mashed Potato and Steamed Vegetable or Cheese
Tortellini with Creamy Alfredo or Marinara Sauce and Steamed Italian Vegetable

OPTIONAL SIDES

COTTAGE CHEESE BAKED POTATO TOSSED SALAD APPLESAUCE SLICED PEARS DICED PEACHES
MASHED POTATOES BAKED SWEET POTATO BEETS COLESLAW 3-BEAN SALAD

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ARBOR & MAPLE CREEK LUNCH MENU

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You may order any entrée from the “Always Available”
Menu or from the daily selections listed below.

MONDAY: Chicken & Rice or Cream of Vegetable Cheddar Soup
Sloppy Joe or Tuna Salad Sandwich served with French Fries or Potato Chips

TUESDAY: Beef Vegetable or Potato Cheddar Chive
Turkey Pesto Sub or BBQ Chicken Sandwich Sweet Potato Fries or Potato Chips

WEDNESDAY: Chicken Noodle or French Onion
Ham & Cheese Wrap served with Potato Chips or Fried Shrimp, Rice Pilaf and Fruit Cocktail

THURSDAY: Fire Roasted Tomato & Rice or Cream of Broccoli Cheddar
♥ Grilled Chicken Breast & Cheddar Cheese or Egg Salad Sandwich

FRIDAY: Chicken Shell or Beef, Tomato & Cabbage Soup
Turkey, Ham & Bacon or Chicken A La King over a Warm Biscuit

SATURDAY: Tomato Florentine or Navy Bean & Bacon Soup
Roast Beef & Cheddar Panini or Italian Sausage Pizza

SUNDAY: Cream of Potato Cheddar & Bacon or Zuppa Toscana Soup
♥ Chicken Philly Steak Sandwich or a Chili Cheese Hot Dog with Side Order of Baked Beans

All sandwich selection come with choice of French fries, sweet potato fries or potato chips or
crispy onion rings