
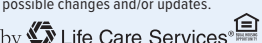


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
<p>8 Dimensions of Wellness</p> <p>Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, we provide programming that focuses on 8 Dimensions of Wellness:</p> <p>Physical Environmental Vocational Intellectual Social Spiritual Emotional Health Services</p> <p>For the month of July we will be focusing on Environmental Wellness. These activities are marked with an asterisk.</p>		<p>This month we are traveling to</p> <div data-bbox="811 475 1106 774" data-label="Image"> </div> <p>Join us as we explore the many different cultural regions from around the world each month. If you have any photos or experiences that you would like to share with the residents during a month please contact the Director of Life Enrichment.</p>		1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	
Happy Fourth of July INDEPENDENCE DAY 			HAPPY BIRTHDAY				
<p>Note: Scheduled activities and events are subject to change without prior notice. Please see Life Enrichment staff for any possible changes and/or updates.</p>							
Managed by  Life Care Services 