This Week's Calendar of Events



MONDAY

8:30 AM

Monday Morning Breakfast Outing*

9.30 AM

Exercise Class: Let's Get Fit, Exercise Studio

10:00 AM

Trip To Trader Joe's & Home Goods*

1.00 PM

Live, Laugh & Learn Lecture, Lounge

2:00 PM

Exercise Class: Chair Line Dancing, Exercise Studio

3:15 PM

Lifebio: Write Your Story, Art Studio

4:00 PM

Trivia Time: Test Your Knowledge, Library

5:00 PM

Monday Night Football Happy Hour, Pub

TUESDAY

9:00 AM

Exercise Class: Chair Yoga, Exercise Studio

10:00 AM

Exercise Class: Let's Get Fit, Exercise Studio

1:00 PM

Mexican Train Dominoes,

2.00 PM

Bingo, Bingo, Bingo! Lounge

4:00 PM

Let's Eat Out! Dinner Outing*

6:00 PM

Big-Screen Movie Night, Theater

WEDNESDAY

10.00 AM

Exercise Class: Let's Get Fit, Exercise Studio

10:00 AM

Shopping Essentials: Albertson's & Walgreens*

10:00 AM

Sewing Club Meeting, Art Studio

1.00 PM

Blackjack: Deal Me In! Pub

2:00 PM

Financial Matters: Trips To The Bank*

2:15 PM

Open Scrabble Play, Apartment 201

3:00 PM

Weekly Bible Study, Lounge

THURSDAY

9.00 AM

Exercise Class: Chair Yoga, Exercise Studio

10:00 AM

Exercise Class: Let's Get Fit, Exercise Studio

10:30 AM

In The Know: Alzheimer's & Dementia Talk, Theater

10:30 AM

Roll The Dice: Play Yahtzee! Pub

2:30 PM

Happy Hour With Live Entertainment, Lounge

$4:00^{PM}$

Trivia Time: Test Your Knowledge, Library

6:00 PM

Big-Screen Movie Night, Theater

FRIDAY

9.30 AM

Exercise Class: Improve Your Balance, Exercise Studio

11:00 AM

Exercise Class: Line Dancing, Exercise Studio

11:00 AM

Let's Eat Out! Lunch Outing*

1:00 PM

Classic Cards Fun: Bridge, Apartment 201

2:00 PM

Balloon Chair Volleyball, Lounge

3:15 PM

Let's Talk Travel Presentation, Theater

6:00 PM

Board Game Night, Lounge

SATURDAY

10.00 AM

Exercise Class: Let's Get Fit. Exercise Studio

10:00 AM

Exercise Class: Easy Does It Chair Fitness, Exercise Studio

10:30 AM

Diamond Art Class, Art Studio

1:00 PM

Mexican Train Dominoes, Pub

1:30 PM

Saturday Movie Matinee, Theater

2:00 PM

Bingo, Bingo, Bingo!, Lounge

6:00 PM

Board Game Night, Lounge

SUNDAY

9:15 AM

Church Coach Service*

9:30 AM

Exercise Class: Let's Get Fit. Exercise Studio

1:00 PM

Hand, Foot & Toe Clinic, Apartment 201

1:30 PM

Sunday Movie Matinee, Theater

3:15 PM

Left, Center, Right (LCR) Dice Game Play, Lounge

3:30 PM

Living Through Loss Support Group Meeting, Theater

^{*}Gather in lobby/concierge area for coach transportation.